

LEICESTERSHIRE ORIENTEERING CLUB

**British Night Championships 2016
27th February 2016
Cademan & Thringstone Woods**

**Final Details v6
14th February 2015**

Please read this even if you ignore the rest:

The carrying of a whistle and a back up torch will be mandatory. These will be checked at the pre start.

**Safety Bearing: East if north of the road through the competition area.
North if south of the road.**

Event Area

A fine, largely wooded area with many dramatic rock formations, old quarries, and, in places, intricate contour areas. There are also some small open areas of grassland.

The event will also use Swannymote Wood which is a comparatively new area of planting.

Travel Directions

From the M1. Leave the M1 at Junction 23 and take the A512 towards Ashby de la Zouch for approximately 7 miles. Grace Dieu Manor School is signed from this road. It is a left turn.

From the A42/M42. Leave the A42 at the junction with the A511. Turn towards Loughborough and follow the A512 for approximately 9 miles. Grace Dieu Manor School is signed from this road. It is a right turn.

The school entrance is signed at its junction with the A512.

Car Parking

At Grace Dieu Manor School, Thringstone, Leicestershire, LE67 5UG
Grid reference SK437179. Please follow the marshal's instructions.

Car Parking Fee £2.00, which will be collected at the entrance to the car park.

Event Centre

We will be using the Sports Hall at Grace Dieu Manor School as the Event Centre. This is next to most of the car parking and only 200m away from the furthest car park.

The event centre will be open from 17.00.

Located there will be:

Enquiries - trophy return, car keys/lone traveller information, collection of SI hire cards.

Download, First Aid and Toilets.

Event Information – start lists, results information and old maps of the area.

Please do not consume food and drink inside the Event Centre.
Please remove your orienteering shoes and leave outside the building before entering.

Maps

Updated autumn 2015 by Don Moir. Note that there are some temporary paths created by mountain bikers **which are not mapped**.

The scale for all courses will be 1:10,000. Printed by Hassall and Lucking on waterproof paper. A4 size for all courses.

Control Descriptions will be printed on the front of the map and loose descriptions will be available at the start.

Electronic Punching

All courses will use Sportident. Hire Charge for SI e cards £1 per person.
The event will be a timed start.

Please note that the control boxes will **not** be configured for SIAC cards to be used in contact-less mode.

Courses 1 and 2 will have more than 30 controls. Competitors who have SI e cards that will not hold 30 controls are asked to contact the organiser who will arrange for a hire card to be available free of charge.

Safety

The carrying of a whistle and a back up torch will be mandatory. These will be checked at the pre start.

**Safety Bearing: East if north of the road through the competition area.
North if south of the road.**

Competitors are requested to note the following:-

All courses cross a minor road twice. Both crossings will be marshalled. Please follow the marshal's instructions. Both road crossings have very little traffic but we are aware that some of the local people drive at high speed.

The whole area has public access and consideration should be given to other users. The area is a favourite with mountain bikers. Please be aware of their presence (even at night!) - they may not be aware of you!

There are many large crags and rock formations in the area. Courses have been planned so that controls on these features are easily accessible but care should be taken when scrambling on the rocks. They will be slippery in wet weather.

There are several deep ponds in the competition area. These are the result of old quarry workings. Please do not go near them. They are enclosed by a continuous black line on the map. The main river (Grace Dieu Brook) through part of the event area has deep pools. These are not always visible in the dark. Please do not be tempted to wade through the river. Use only the bridges.

In the event of bad weather waterproof hooded jackets may be compulsory. Competitors will be advised by notices in the car park and at the event centre.

First Aid

A first aid facility, provided by Singletons Associates, will be available in the Event Centre.

Limited A & E services at available at;
Loughborough Urgent Care Centre
Loughborough Hospital, Hospital Way, Loughborough LE11 5JY

The nearest A & E department is at:
Burton General Hospital, Burton on Trent | DE13 0RB

A & E facilities are also available at:
Leicester Royal Infirmary, Leicester LE1 5WW

Courses

Courses 1, 2, 3 and 4 will have a map exchange.
Competitors on courses 1 & 2 are requested to read the note under Electronic Punching.

The field to the north of the finish is out of bounds whilst competing. (It is the overflow car park)

Subject to final controlling:

Course Number	Men Long	Men Short	Women Long	Women Short	Length KM	Controls	Climb m
1	M21L				10.9	34	220
2	M20L M35L M40L				9.2	31	190
3	M18L	M21S	W21L		7.4	24	155

	M45L M50L						
4	M16 M55L M60L	M20S M35S M40S	W20L W35L W40L		6.1	23	130
5	M65L	M18S M45S M50S	W18L W45L W50L	W21S	4.8	17	110
6	M70L	M55S M60S	W55L W60L W16	W20S W35S W40S	4.0	16	105
7	M75L	M65S	W65L W70L	W18S W45S W50S	2.8	13	80
8	M80 M85	M70S M75S	W75 W80 W85	W55S W60S W65S W70S	2.4	10	60

Entries

Via Fabian4. www.fabian4.co.uk

Closing date 21st February 2016.

Fees: Seniors £13.50, Juniors £7.00. SI Card hire £1.00.

There is no Entry on the Day.

The Championships are open to members of the British Orienteering Federation and to members of overseas IOF affiliated Federations. Please read the British Night Championships Competition rules for full details of eligibility.

Start

To comply with Competition Rule 5.2.2 the first starts will be at 18.55

Time to the start: 10mins from the event centre. Distance 500m

The route to the start will be signed from the event centre and marked with glow sticks.

Please clear your SI card when you arrive at the start.

There will be no clothing dump at the start.

A timed start will operate. If you are late for your start you will be slotted in as soon as possible, but your start time will not be changed.

Call up will be at -5 minutes.

Loose control descriptions will be available at -3minutes and blank maps at -2 minutes.

Finish.

The finish for all courses is 150m from the car park.

Course Closing

Courses will close at 22.00

Download

Please ensure that you download after your run. The Download will be situated in the Sports Hall.

There will be three primary download positions, plus a problem point.

If your SI card download is processed successfully without errors, then your results will be stored and your splints printed automatically. To avoid congestion around download, please take your splits print & move away from the download area.

In the event of any error during the download process (including course mismatches) your splits will not print and you will be directed to the problem point for resolution. No errors will be investigated or corrected at the primary download positions. If you have any enquiry about your results, please go to the problem point.

Live Results

The following details are as yet unconfirmed and are subject to a site survey and feasibility study:

Live Results Display

There will be a projector running a live results display. This display will scroll through COURSE results sequentially.

Mobile Devices

A facility to obtain Live Results will be available to those with mobile devices equipped with Wireless LAN capability.

We aim to avoid congestion so up to four wireless networks will be established in the download hall. Coverage outside of the hall will be limited.

The Wireless Networks will broadcast a name / SSID of **LEIOC1 to LEIOC4**.

Using the network connection manager of your device, connect to one of the wireless networks. No decryption or network key will be required.

Once connected, start your browser of choice.

Carefully type the given URL** (IP Address) of the results page into the address bar of your browser to display simple live results (simple = results only, without split times).

**The Live Results URL to enter into your browser will be printed at the bottom of your splits printout when you download.

If you have problems accessing results, try one of the other networks.

To help us avoid congestion please disconnect from the network when you are done checking results.

The results will be uploaded to the LEI website immediately after courses close

Complaints & Protests

If you have any reason to complain about your course then please talk informally with the Organiser in the first instance, who will talk with the other event officials if necessary. If the matter cannot be resolved then the Organiser will action Rule 16.

UKOL

The British Night Orienteering Championships 2016 are part of the UK Orienteering League.

<http://www.ukorienteeringleague.org.uk/>

Prize Giving

This will take place in the Sports Hall at 22.00

Medals will be awarded to the first three eligible competitors on each of the Long Courses.

Dogs

Dogs are welcome in the school grounds but must be kept on a lead. Please clean up after your dog.

Traders and Facilities

Ultra Sport and O Nosh will be attending the event.

Toilets will be available in the Sports Hall.

Car Keys may be left at Enquiries.

Acknowledgements

We are very grateful to the Governors and Head Teacher of Grace Dieu Manor School for the use of the school grounds for parking and assembly.

Officials

Organiser: Chris Phillips. onecp47@gmail.com

Safety Officer and Ast Organiser: Ursula Williamson

Planner: Steve Edgar
Controller: Ray Collins

Make a weekend of it. The Midlands Championships will take place at Sherwood Forest on Sunday 28th February. Please see www.noc-uk.org/