



Leicestershire Orienteering Club



Minutes of Committee Meeting held at The Conference Room, Groby Community College Monday 8th May 2017

1. Present: Chris Phillips, Jane Dring-Morris, Laurie Fluck, Liz Heaton, Roger Phillips, Alan West, Wendy West, Roger Edwards, Ursula Williamson

2. Apologies for absence: Anna Barber, Iain Phillips, Pete Leake, Steve Chafer, Bob Haskins, Ernie Williams, Ian Wilson, Roy Denney, Mark Hardy

3. Minutes of the last Committee Meeting held on Monday 13th February 2017.
These minutes were agreed to be a true record.

4. Items arising from the last MOM

RE - The date for the club dinner and awards evening is 17th February 2018.

5. Request for inclusion in 'Urgent and important items' on the agenda

a. Development Plan (carried over from the last meeting)

See Development Team Report, point 9.

b. Rising Star Award

RP circulated copies of the criteria at the meeting (a copy is attached for reference). Should this be in the public domain?

UW – it should be published on the website

RE – we need to be explicit who makes the award (ie club chair on the advice of the club captain).

6. Treasurer's Report

Please refer to the Treasurer's Report May 2017 circulated prior to the meeting.

RE – the event fee increase was about right. We have a large surplus at present due to the club not spending on items in the budget and donations largely from committee members. Should we spend the money now, for example replace equipment, increase SI dibber stock? Access fees for events are becoming an issue, for example Leicester Grammar wanting to charge £100 for parking. LEI are the only EMOA club with a club subscription and we could lower ours, but it would cost £600?

CP – how should we celebrate the club's 50th anniversary in 2020?

RP – should we restyle the club top for the LEI 50th anniversary? Agreed a 50th anniversary top should be designed and be on sale in 2019. The existing stock needs to be topped up to meet outstanding requests and sales until then and we should provide a LEI branded hooded waterproof top, especially for officials, but may be for more club members. (RE and RP to pursue design and costs)

RE – to maintain CASC (community amateur sports club) status we need maintain a high participation level, the requirement is 50% participating members with at least 12 sessions a year. A comprehensive analysis of activity by CP has shown we are below this, members tend to be way above or considerably below.

WW – we should encourage more participation with existing members rather than trying to attract new members

CP – we have about 80 “active” members.

LH – helpers and parents who support their children should count as participants.

7. Delegates’ Reports

Summary provided by email from BH prior to the meeting:

The new Hypervet category in the UKUL will not be used in EMUL in 2017.

No need to have hire air dibbers available at Level D events.

A Regional Training Day is scheduled for Spring 2018.

Clubs to find out if there is a need for a Regional Level 2 coaching course in 2018. RE suggested Jamie Rennie and Derek Herd might be interested.

JIRCS 2018, to be organised by DVO. UW confirmed at the meeting that the venues are to be Carsington and Chatsworth.

The BO 50th birthday is officially on June 17th, which coincides with the NOC sprint event.

The EMOA AGM is on September 18th, 7.30pm, at the Pace Room, St. Mary’s Church, Clifton. After a reshuffle of the officers it looks like EMOA are going to need a Treasurer.

UW/CP – Spring 2018 is the 50th anniversary of EMOA and they want to know what LEI are doing as we have an event at that time. Should EMOA decide? Are we happy for EMOA to organise something for the weekend of the Midlands Championships, for example a ceilidh on the Saturday evening? LEI need to consider a location, with a fit with Saturday’s sprint race.

8. Events Sub Committee Report

Please refer to the Events Sub Committee Report May 2017 circulated prior to the meeting.

CP – UKOL weekend March 2018 – permissions discussions are still ongoing. ISOM 2017 to be adopted for level A events from 01/01/18.

RP – should we have a logo for the weekend?

CP – 2 castles?

UW – should Ernie design the logo?

“Save the date” prompt to go in the Autumn newsletter regarding the weekend.

9. Development Team Report

Please refer to the Development Team Report May 2017 circulated prior to the meeting.

RE – a review of club nights is required, venues are a problem. Other commitments can be an issue for members. Attendances have dropped and very few new members attend or do not stay. Monday juniors has the biggest attendance. We would continue with the current three sessions.

LH – regular non-members who attend club nights should join LEI.

CP – a proper coaching programme needs putting in place and the club night programme needs to be publicised by the end of August. As we have dispensed with the Club Night Co-ordinator is this a role for the coaching co-ordinator (Mark Hardy)? A proper club night discussion is required with the club night leaders at a separate meeting (RE, CP with MH).

DVO/NOC park events – where are they advertising? How are they getting people to attend?

If LEI are to do something similar we need to plan in advance to have a series of events in place in about 18 months’ time. For example, 4 Leicester park events leading up to a level C event in Autumn 2018. Events Sub-Committee would put in the programme and establish a team to deliver. We might need to change the venue for the final level C.

10. Club Captain’s Report

Please refer to the Club Captain’s Report May 2017 circulated prior to the meeting.

11. Membership Secretary's Report

Please refer to the Membership Secretary's Report May 2017 circulated prior to the meeting.

JDM to chase the Allerys and Pat Conway and Ian Sparkes.

12. Any Other Business

AW – 15/05/17 is the copy date for the next edition of LEI News.

13. Date of future meetings:

FULL: FEBRUARY, MAY, 14th AUGUST 2017, NOVEMBER

Events: JAN, APRIL, JULY, OCT

Minor events: MAR, SEP, DEC

Mapping: JUN

Development: JAN, JULY

Coaching Forum: MARCH

AGM: 30th October 2017 at Glenfield

Treasurer's Report May 2017

Events

See table. Events this year to date showing a break even position.

It's likely that our extra income from events will match the expenditure but we have at least £1,250 to pay for toner and paper plus £400 for annual insurance. We will have more mapping expenses too.

Our other activities

See summary and accounts showing with three months of year left we have big differences with the budget
The current surplus is nearly £3K

Expenses

We have virtually no activity on the club shop.

We have no one taking up Level 2 coaching courses. Budgetted £600

We have not paid for new stock of awards/ glass ware/ Club Champs winners tops.

Income

Donations are running higher than budget and for the first time some of these are full donations with no claiming of expenses.

Sales of mapping running higher than budget; we have done a lot of NW Leicestershire schools.

Possible actions

We have scope to increase expenditure on unplanned activities. Eg To promote orienteering to more members. Replace worn our equipment. Increase SIAC dibber hire stock. Etc.

Move to low/no cost coaching

Provide more free introductory events to match the park run offer.

Roger Edwards

1st May 2017

Budget for 2016/17 summary

	2015/16 Rev Budget	2015/16 Actual	Comments	n	£	2016/17 Budget	2016/17 Actual	2016/17 Differs
1 Event Income	20500	18975				22070	17787	4283
2 Event Expenses	<u>-18788</u>	<u>-19300</u>				<u>-22940</u>	<u>-17677</u>	<u>-5263</u>
3	1712	-324				-870	110	-980
4								
5 Other Income	12330	16495				11345	13801	-2456
6 Other Expenses	<u>-13411</u>	<u>-15563</u>				<u>-11219</u>	<u>-10985</u>	<u>-234</u>
7	<u>-1081</u>	<u>932</u>				<u>126</u>	<u>2816</u>	<u>-2690</u>
8 Surplus	631	607				-744	2926	-3670
Next						Next		
12 Event Income	Budget					Budget		
13 Entry Fees	5200	18235				21520	16940	4580
14 Equipment Hire	300	266	+SI AIR			250	236	14
16 Parking Fees	500	474	Bradgate/ Swithland			300	611	-311
19	20500	18975				22070	17787	4283
20 Event Expenses								0
21 Entry Commission	-364	-576	Wakerley/ Urbans			-245	-101	-143.9
22 Equipment	-250	-85					-137	136.8
23 Event Memento	-60		BSSCs 3 extra Fleeces			-60		-60
			Helper vouchers			-100		-100
24 First Aid	-400	-120	Wakerley			-200		-200
25 Hire of bus			Wakerley			-650	-650	0
26 Land Access	-900	-1566	City, FC, Bradgate, JLW, National			-950	-925	-25
27 Levy	-3200	-3663				-3600	-2912	-687.65
28 extra increase	-384		"BOF +25p Jan 2017			-400		-400
29 Map printing	-500	-1096	EM Champs, Urbans, Peter Palm			-550	-627	77.47
30 Map Surveys	-300						-263	262.5
31 Officials Expenses	-2200	-2913	3xB outsiders			-3300	-3000	-300.11
33 Publicity	-150	-165				-150		-150
34 Refreshments	-900	-870	SL, Club Champs, Xmas, PPR			-1250	-1171	-78.89
Results Processing							-481	481.46
35 Room Hire	-600	-799	Peter Palmer 1300 +			-1500	-1506	5.78
36 Toilet Hire	-700	-840	Wak, Ratby, BSSC			-1500	-1248	-252
37 Trophies for events	-200	-186	BSSC			0	-338	337.66
38 Event Expenses not attributable to events								
Donations Made		-100						
39 Equipment	-300	-447	Clock £285			-400	-981	581.34
40 dibber refunds	-100	-15	claims			-100	-13	-87
41 Equipment Expenses	-100		batteries			-200		-200
42 Equipment Timing	-200	-877	Dibbers Boxes			-200	-1212	1012
43	-200		3 rd of 4 year computer			0		0
44 First Aid Kits	-30	-41						0
45 Insurance	-415	-415				-415	-13	-402
46 Land Access	-50							0
47 Map Printing	-2000	-2929	(Paper 10p sheet			-2500		-2500
48 Map Surveys	-800	-659				-800	-794	-6
49	-2200		Shepshed/ Leic/ Belv +			-2500	-311	-2190

50 Publicity	-150	-85		-100		-100
51 Software	-250	-50		-100	-256	156
52 Storage Rent	-720	-720		-720	-199	-521
53 Trophies	-165	-82	Glass and Club Champs	-450	-540	90
55						0
56	-18788	-19300		-22940	-17677	-5263
57 EVENT NET	1712	-324		-870	110	-980
58	2015/16	2015/16		2016/17		
59 OTHER	Rev Budget	Actual		Budget		
60 Awards Evening	0	840	Break even	0	798	-798
61 Club Night Fees	1600	1585		1600	1148	452
62 Club Shop Sales	200	271	Break even		161	-161
63 Donations Received	7240	6713		6000	7088	-1088
67 Gift Aid	1810	1992		1500	1423	77
68 Grant Charnwood Borough		190				0
69 Interest Received	140	149		125		125
70 Membership Fees	690	654		660	573	87
72 Sales -Corporate	0	260				0
73 Sales -Mapping	150	1595	Glen, Lang, JFC, Raw. Fern	1100	2387	-1287
74 Sales -Maps	50	199		10	66	-56
75 Sales -POC maps	100	160	Hun BH Bradgate BOF	100	83	17
76 Sales -POC plaques/mapping	350	819	JFC & Rawlins	250	238	13
77 Team Event Fees and Travel		1066	see expenses		635	-635
78 unidentified					131	-131
79	12330	16495		11345	13801	-2456
80 Less Expenses						
81 Awards Evening	-25	-844	Break even		-724	724
82 Club Night Expenses	-1500	-1529	Groby +10% South Charnwood	-1500	-1021	-479
83 Club Shop Purchases		-257	Break even		-126	126
84 Coaching Clothing	-700	-589	one Level 2& L1 top	-150	-32	-118
85 Coaching Equipment	-100			-100		
86 Donations Made		-20				0
87 Grants Made	-450	-131		-300	-100	-200
89 Meeting Room Hire	-350	-256		-360	-207	-153
90 Memberships	-101	-79		-79	-79	0
91 Newsletter	-620	-617		-650	-442	-208
92 Officers Expenses	-300	-464	EMOA & Committee	-400	-267	-133
93 Promotions	-70	-70	LOPC	-40	-60	20
94 Sales -Corporate Expenses		-136	NW schools	-140		-140
95 Sales -Mapping Expenses		-799	Glen, JFC Rawlins	-500	-1868	1368
96 Sales -POC Expenses	-300	-1110		-400	-104	-296
97 Sales- POC Maps	-300	-198		-100		-100
98 Team Event Fees and Travel	-600	-2008	YBT: NATO	-600	-1149	549
99 Training of Members	-420	-314	EMOA (March) &	-200		-200
100			Level 2 Coaching (2)	-600		-600
			Nat coaching	-100	-351	251
101 Travel Support	-7600	-6142	Croeso, British JK	-5000	-4680	-320
102 YBT provision					-500	500
103 CORRECTION						
104 sub total	-13411	-15563		-11219	-10985	-234.37
105						
106 Other Net	-1081	932		126		126
107 Overall Net	631	607		-744		-744
108 bank	10631	11262		10518		10518

Events

Sum - Amount	Data		
Event	Income	Spend	Total Result
B BSSC	£2,298	-£2,054	£244
B Peter Palmer	£2,979	-£2,330	£649
B Wakerley	£2,344	-£2,514	-£170
C Ashby Urban		-£128	-£128
C Bagworth	£901	-£406	£494
C Beacon	£1,471	-£588	£883
C Bradgate	£1,804	-£908	£895
C Dishley	£581	-£272	£309
C Irchester	£795	-£775	£20
C Loughborough Urban		-£1	-£1
C Martinshaw	£1,000	-£702	£298
D Club Champs	£441	-£504	-£63
D Donisthorpe	£29	-£12	£17
D Hermitage	£40	-£50	-£10
D Hood Park	£32	-£20	£13
D NW Schools	£344	-£275	£70
D Xmas Novelty	£248	-£320	-£73
SL16 Donisthorpe	£175	-£401	-£227
SL16 Fosse Meadows	£181	-£55	£127
SL16 Glenfield	£230	-£116	£114
SL16 Loughborough Uni	£173	-£65	£107
SL16 Melton	£120	-£74	£46
SL17 Fineshade		-£1	-£1
SL17 Grange	£145	-£51	£94
WL1 Watermead	£356	-£110	£246
WL2 Burbage	£137	-£41	£96
WL3 Donisthorpe	£140	-£49	£91
WL4 Beacon	£122	-£60	£62
WL5 Pick Triangle	£135	-£59	£75
WL6 Melton	£211	-£101	£111
WL7 Martinshaw	£107	-£43	£64
WL8 Sence	£153	-£122	£31
Total Result	£17,686.55	-£13,207.32	£4,479.23

Equipment	-£981	-£981
Equipment Hire	-£13	-£13
Equipment Timing	-£1,212	-£1,212
Insurance	-£13	-£13
Map Printing	-£794	-£794
Map Surveys	-£311	-£311
Publicity	-£256	-£256
Room Hire	£0	£0
Software	-£60	-£60
Storage Rent	-£540	-£540
		£4,209

Report from Events Sub Committee.

1. Club Championships 2017.

This is now confirmed as taking place on Sunday 17th September. The venue will be Tunnel and Church Gresley Woods.

2. UKOL Weekend 2018.

A Controller has been appointed for the Midland Championships; he is Charles Daniels of BOK. Chris and Ursula had a meeting with him at this year's Midland Championships.

Don Moir has completed the first draft of the revised map and will do any updates or changes required by the planner over the winter of 2017/18.

Chris is still chasing an access contract from Belvoir Estate.

Wendy and Alan West have agreed to be the Organisers for the Sprint Race on the Saturday. Iain Phillips will be the Assistant Planner.

A meeting of the organisers of the two events (Ursula, Wendy and Alan) with Chris and Roger was held in mid March to discuss areas of commonality between the two days.

Constructive discussions are being held with De Monfort University regarding an event centre. As Saturday 17th is a University Open Day it is planned to start the event at around 4.00pm.

In anticipation of the event being given World Ranking Status the Chair of British Orienteering's Event Officials Sub Committee has appointed Philip Gristwood as the IOF adviser.

Chris is hoping to confirm the Controller's appointment in the next few weeks.

3. ISOM 2017

The IOF Map commission has been working on a revision of the International Specification for Orienteering Maps for some years now. The ISOM 2017 was approved by the IOF Council in March 2017.

There are significant changes to the 2000 specifications. Whilst IOF have set in place a timetable for their events, British Orienteering is still consulting with the mapping fraternity and clubs as to what should happen in the UK. My expectation is that there will be a requirement for Level A event maps to be drawn to ISOM 2017 by 1st January 2018. There will, I think be a very much longer timescale for other events. The practicality of changing a large number of maps with a small number of mapper's dictates that it could be several years before any change over is complete.

4. British Sprints 2019

Some colleagues will be aware that discussions have been taking place between British Orienteering's Board and Events & Competitions Committee regarding the future of the JK and the various elements of the British Championships.

These discussions, which have been ongoing for several months, have arisen because of continuing and growing problems staging the major events. In March, the CEO, the Chair of the Board and the Chair of Events and Competitions Committee made proposals to the Board of British Orienteering that the elements of the British Championships (except for the Nights) be merged with the JK. Part of that proposal was that the merger took place in 2019. In their initial discussions the Board have ruled out a merger with the JK for the British Championships in 2019 but will consider further the proposals for the Sprints and Middles at a meeting on 17th June 2017.

If that merger goes ahead then of course we will not be hosting the British Middles in 2019. I will keep colleagues informed as soon as I have further information.

5. World Orienteering Day

A reminder that our Summer League Event at Willesley on Wednesday 24th May is a W.O.D event.

Chris Phillips
28.4.17

To replace the section currently in Appendix 5 which is under review, plus add extra detail for activities

Mapping for activities.

Maps for new areas may be produced for coaching /"activities" rather than competitions. Such maps are covered by BOF Insurance as long as "commissioned" by the Club.

The following can Commission such mapping: Events Co-ordinator, Development Co-ordinator and Coaching Co-ordinator.

To seek approval, please provide the appropriate person with details of the area to be mapped, the purpose and any known issues about the area.

Provision of services to third parties

The club seeks to support third parties providing orienteering services. We have achieved this by providing advice on Permanent courses, including design and fitting sometimes at a location which we will use for competition and often at schools for their usage only. A fee is normally charged.

Third party mapping

Where the Club is requested to arrange mapping for third parties e.g. Schools or Local Authorities, the Club will endeavour to assist and wishes to maintain access to as many areas as possible. The Club will invite all club mappers to offer their services and will then be selected in rotation from the pool to ensure no undue preference. Mappers on the third party rota are expected to undertake voluntary (expenses only) mapping for the club. If no one is willing then the mapping requirement will be offered to non-club members, who will take over full responsibility.

The club will contract with the third party to provide a map, at a cost agreed by the Schools Liaison Officer with the mapper, bearing in mind the expenses he or she is likely to incur. The cost will also be dependent on the availability of aerial photographs and/or good quality base maps. Stage payments may be agreed with the school, typically over two school financial years.

If the map is or may be used for club competitions, British Orienteering insurance protection is provided for the mapper. (In Autumn 2016 BOF Broker advised that all schools maps are covered as its part of the remit to promote the sport.) Otherwise the third party's insurance and OS copyright provisions apply. Once the third party has confirmed that the mapping has been completed to specification, the club will invoice the third party. Once settlement is received, the Club will pay the mapper his expenses up to the agreed price less the Club's overhead charge of 10%.

Any volunteer mapper is responsible for accounting to the Inland Revenue for any profit element in these arrangements. If the club member operates their own business, they may invoice the club for the agreed fee. If in the light of personal taxation circumstances, a volunteer mapper, working on a map for a third party, may normally claim at the current Inland Revenue maximum rate for casual users (45p) plus incidental expenses. Whenever entering into any contract of this nature with a third party, the contract shall whenever possible, provide access to the area for Club Orienteering at least once a year.

Maps produced should be held in the Club archive, so that if the school loses the map it can be re-sent.
Revised January 2017

Development Co-ordinator's report May 2017

I have listed areas below for your input at the Committee meeting.

- Web content
- Permanent Courses
- Third Party Mapping revised Standing Order
- Lakes Weekend
- Review of Club Nights
- CATI

1. **Web Content**

Officers will be meeting to discuss. Wendy would still like images for our site.

2. **Permanent courses**

We have about 2000 downloads for the last year. However one person downloaded nearly 100, so figures are not easy to interpret! The most popular downloads are Burbage, Irchester, Melton, Martinshaw East and The Outwoods areas where groups are using and maps are free.

QEDJW POC no progress yet.

Stephen is working on two new courses at Old John and Deer Barn for schools. We have been asked to support Bradgate on Saturday 5th August 2017, for their 90th anniversary. Details to be sorted out this month.

3. **Third party/ School mapping Standing order 8**

Last year I spoke to the BOF broker, and despite what is stated on the BOF web site, he advised that all Schools mapping would be covered as it's part of the remit of encouraging participation. I have therefore amended our Standing orders, Extracted as a separate standing order this element, copy **attached**.

The rest of the mapping Standing order is in need of a major update as it has not reflected current practice for several years!

Consider the amended mapping Standing Order

4. **Coaching**

Our Development Plan objective: provision of coaching and training for club members of all ages and abilities.

Lake District coaching/races weekend

Chris Heaton is organising, there are members from other clubs. Afterwards we need to look at whether can do again next year.

5. Club Nights Review of

Sprint Training Easter/ Pre British Sprints

Before Easter we held sprint training practice at Loughborough University. Last time the British Sprints were at Milton Keynes it was very urban like (but lot of parkland) so campuses are less important. We are thinking of Castle Hill for mid September training.

Development Plan Objective: A closer engagement with club members to understand what they require from the club in the way of training ...

We have three different nights in mainly three different locations. Each club night breaks even because we charge for activities when not hiring facilities. AMR does the most outdoor sessions. Monday has attendances of up to 20 including several non-participating parents.

I have looked again at combining all club nights, as this would help with reducing coaching load. It could also provide better junior to senior continuity. At the outset we attempted this on a Monday with slightly staggered starts; and it did not work, as we found it difficult to hire concurrent facilities especially indoor gyms. On Monday we are using South Charnwood High School this year as we can't book Groby (Brookvale gym). Ashby Map Runners were not able to hire Ivanhoe, so South Charnwood High is currently being used but it is on the extreme east of the area. It's plusses are adjoining woodland, old style school with maze and gym.

We hired the Community Room at Ibstock several years ago, and we could consider King Edward VII. Castle Rock (Whitwick) all are mapped. However it can be difficult to restore a booking once we have moved location.

When I have attended the AMR club nights it is very similar to Glenfield but it does more outdoors.

For Monday we have the Rennie family attending and Jamie is coaching and it's 18 miles from Great Glen to get to South Charnwood High. Another family comes from Stoneygate which is about 15 miles. We also have families from Loughborough. However one can't really consider SCHS to be local!

We are not able to provide anything to keep teenagers/ our best juniors. EMJOS is our only route to provide their training. However although they go away for weekends/ training days I've no idea what they do. There is nothing on the EMOA web site and the EMJOS site is 4 years out of date.

It's clear that most club members do not train as part of a club organised activity and possibly many don't train at all. Even most Committee members don't train at Orienteering! This situation is widespread among the orienteering community.

Perhaps we should follow the SYO route where coaching is low cost/free. SYO offer as a member benefit to get juniors joining the club. They don't have a club night but are bidding for Sport England funding to help them set one up, so there are not quite like us....

Last year club night broken even but cost £1,585. This year its closer to £1000

Any thoughts on what we do/ should consider?

Why do so many club members not train at Orienteering?

Are members doing their own sessions?

Should we offer free coaching at all the 2017/18 club nights?

6. CATI

Our Development Plan objective: Concerted effort to recruit new members

So far we've held six Schools League events plus the March NW Primary Schools Champs with nearly 500 children. Our achievements here are we don't get enough attending. We have delivered on site training and this has managed to get some pupils turning up. We have been commissioned to do Mapping at Ashby Willesley. One of the schools where we have had pupils coming afterwards.

We should not be putting all our eggs in one basket. We could also try Come and Try it, but not as a one off, our event programmes must link to events to go to in the following months in the same 5/10 mile radius.

This implies much less geographic spread of our (linked) events than now And perhaps also our club night activity i.e. Ashby Map Runners /Glenfield.

Roger Phillips did initiate "event" campaign using Facebook last winter/ summer but this activity has diminished recently.

Any thoughts on what we should do?

Roger Edwards
8th February 2017
Revised May 1st

May 2017 Committee Report

Club Captain

This year's CompassSport Cup heat at Burwell & Haugham was hosted by LOG. LEI had a total of 42 members attend this year (51 were entered). With a very low turn out from the club, unsurprisingly we came 4th with 2251 pts (194 pts behind SYO).

Note: club membership must be over 125 for LEI to entered into the Cup competition

We had 3 teams at this year's JK relays. Two teams were entered into the Senior Men and a third team was entered into the Junior Relay. Our junior team of Charlie Rennie, Daisy Rennie and Ben Hardy managed a very credible 3rd.

For this years BOC relays on the 7th May we have a very respectable 5 teams entered, thanks mainly to the persuasive talents of Liz Heaton.

The club will be also defending its regional champion status in the Yvette Baker Trophy at Calke Park on the 21st May. Should we win, the final will be Druridge Bay Country Park, Northumberland. Numbers at the heat are likely to be down this year, as the event is in the middle of the exam season.

As an offshoot of my work with scripting on google forms, I have a working google sheets add-on to import AutoDownload data from a website into a spreadsheet. I attached those competitors from this years level C's who are listed as Independent or have no listed club.

Club Shop

1 long sleeved top sold since February

3 new tops wanted from various members, none in stock - Need to order from Bryzos (new name for Siven)

Social Media

Facebook Page - 397 Page Likes (up 8 Likes), Weekly average reach of 600 people

Facebook Group - 60 Club Members

Twitter - 112 followers (up 12 followers)

Social media – Rules & Good Practice for Coaches from British Orienteering was circulated to all those who have access to the clubs social media - facebook, twitter & mailchimp users.

http://www.leioc.org.uk/wordpress/lei_results/2017/bagworth17/index.html						
1	Blue	10th	Matthew Litchfield		M35	59:54:00
2	Blue	20th	Ed Chester		M40	68:20:00
3	Blue	28th	Mark Spendlove		M45	73:54:00
4	Short Green	9th=	Graeme Watson		M50	66:23:00
5	Light Green	m8	Sarah Sanganee		W40	69:24:00
6	Orange	2nd	Mandy Dunn	IND	W45	60:57:00
7	Yellow	w10	Bethan Dunn	IND	W14	44:31:00
8	Yellow	w10	Darcy Dunn	IND	W10	45:45:00
http://www.leioc.org.uk/wordpress/lei_results/2017/beacon17/index.html						
1	Brown - Results	5th	Adam Fieldhouse		M20	77:02:00
2	Brown - Results	9th	Toby Miles		M45	81:55:00
3	Brown - Results	22nd	Bob Brandon		M18	118:09:00
4	Brown - Results	23rd	Ian Wells		M60	122:18:00
5	Blue - Results	3rd	Joey Scarf		M21	61:03:00
6	Blue - Results	4th	Andy Sykes		M18	61:17:00
7	Blue - Results	47th	Dave Oxtoby		M45	91:33:00
8	Blue - Results	56th	Gemma Rickets			126:53:00
9	Green - Results	20th	Malcolm Spencer		M60	54:31:00
10	Green - Results	53rd	Andy Rogers		M40	75:38:00
11	Light Green - Re	5th	Christopher Bedford		M50	57:10:00
12	Light Green - Re	8th	Connie Parr		W21	63:26:00
13	Orange - Results	3rd	Emma Miles		W45	50:21:00
14	Orange - Results	4th	Shruti Burgaankar	IND	M21	54:21:00
15	Orange - Results	5th	Myles Dawson	IND	M60	57:41:00
16	Orange - Results	9th	Hebe Parr		W21	71:26:00
17	Orange - Results	12th	Jessica Williams		W10	83:30:00
18	Orange - Results	13th	Amy Jones/ Meg Lee		W16	92:53:00
19	Orange - Results	14th	Adam Smith		M10	93:48:00
20	Orange - Results	16th	Karen Hillier			117:02:00
21	Orange - Results	19th	Joy Hopper		W65	126:15:00
22	Orange - Results	m7	Benjamin Williams		M11	66:39:00
23	Orange - Results	rtd	Kay Maynes		W50	

24	Yellow - Results	1st	Bethan Dunn	IND	W14	23:16
25	Yellow - Results	2nd	Darcy Dunn	IND	W12	24:28:00
26	Yellow - Results	3rd	Mandy Dunn	IND	W45	24:41:00
27	Yellow - Results	9th	Ellie Marshall			54:45:00
28	Yellow - Results	10th	Hugh Chester		M3	63:21:00
29	Yellow - Results	m4-13	Roy Stones		M80	48:28:00
30	White - Results	3rd	Jacob Miles		M8	16:57
31	White - Results	rtd	Robyn Howells		W2	
32	White - Results	rtd	George Ricketts		M3	
http://www.leioc.org.uk/wordpress/lei_results/2017/irchester17/index.html						
1	Brown	14th	Ian Wells		M60	88:19:00
2	Green	1st	Stewart Fishwick		M35	29:43:00
3	Green	9th	Carles Riba		W21	49:22:00
4	Green	16th	Clare Bense		W55	57:17:00
5	Orange	3rd	Harriet Curran +1		W21	29:30:00
6	Orange	5th	Lian Fegary		M13	40:27:00
7	Orange	6th	Jamie Fegarty + Catherine Coles		M11	43:25:00
8	Yellow	1st	Daniel Genge +1		M5	21:50
9	Yellow	4th	Paul Fegarty		M55	35:03:00
10	Yellow	7th	Aidan Chester +1		M4	66:32:00
11	White	2nd	Stewart Fishwick		M35	25:14:00

Social media – Rules & Good Practice for Coaches

It is inappropriate for adult coaches (over 18 years of age) to communicate on a *one to one* basis with athletes under the age of 18 years by:

- text message
- e-mail
- instant messaging or through social networking sites

All electronic communication by the above methods should include a copy to a third party, e.g. copy to the parent or relevant welfare officer.

Coaches should also limit all electronic communication to orienteering matters. It is advisable to always send group messages rather than single messages to an individual athlete.

For U16 athletes, parental consent is required for communication between the adult and the young person.

For U18 athletes, parents should be informed and aware of the communication between the coach and young person.

All coaches, staff, volunteers, parents and members should always behave responsibly and respectfully when online or texting.

Text Messages

Text messages are **NOT** the preferred method of communication between adults and young people. If they must be used, they should be group messages and should always be copied into the parent and/or relevant welfare officer.

In the event of an emergency, individual texts may be used but must be copied into the parent and/or welfare officer.

Instant Messaging Services

MSN, Yahoo and other instant messaging systems should not be used to communicate with young athletes under any circumstances.

Emails

Emails are a positive and simple method of communication between coaches and young athletes and distribution lists/groups are easy to set up.

Group emails are preferred, but in the case of an email to one person, a copy must be sent to the relevant parent and/or welfare officer.

Social Networking

Coaches should NOT have athletes under the age of 18 as their 'friends' on social networking sites when they have a position of trust as a coach. Should a young person request to become a named friend on a coaches social networking page or request that they become a named friend on their page the coach should decline if any of the below apply:

- You are in a position of responsibility in respect of that child
- You hold a position of trust and responsibility in respect of the child, the club or the association

Coaches are advised to consider carefully what they post on any social networking site – coaches act as role models and must behave accordingly.

The publishing of any image or video on a social networking site is governed by the same requirements as any other media see the O-Safe Images Policy.

Club/Association Facebook Group

Clubs using Facebook as a forum for members are advised to use a closed group. They should only accept members of the club as members of the group. This must be stated on the group and the group must be set up for that reason.

Coaches are reminded that ALL social networking websites are restricted to people aged 13 years and over, this restriction must be adhered to.

Club/Association Facebook Page

A Facebook Page can be set up for the club to promote its activities to the wider community, all members must be aware that this page is visible to all users and must not contain information about young people.

Guidance to coaches who have children that participate in the club where they coach

Many parents are becoming members of social networking sites that their children sign up to. This enables the parent to view their child's activity and help ensure the safety of their own child. It would not be appropriate to prevent a parent who is also a coach from using this form of protection for their child's online activities. On sites such as Facebook, this will give the parent access, via their child's account, to all children listed as friends or followers of their child. Therefore, in such cases:

On Facebook:

- The coach concerned should not have direct contact or communication with athletes under the age of 18 who are friends with their child
- The coach should not accept such athletes as friends
- The coach should inform the welfare officer that they are friends with their child on Facebook

On Twitter/Instagram/etA set of rules and good practice:

- Coaches are advised not to follow athletes under the age of 18 on Twitter/Instagram/similar sites
- While it is not required for coaches to block athletes under the age of 18 from following them on Twitter/Instagram, they must be mindful that what they are posting is visible to those athletes, and to the wider world
- Coaches should not interact with athletes under the age of 18 on these sites on any topic other than orienteering, and must ensure that the welfare officer and the child's parent are aware that communication is taking place via this medium
- Coaches should never use private messaging options on these sites to contact athletes under the age of 18

A note to young athletes

Young orienteers must be reminded to set their privacy settings and not accept requests either from people unknown to them or to other adults involved in orienteering.

Reporting concerns

In the event of an athlete showing a coach a text, instant message, image or email that is inappropriate for a child to have, the coach must inform the appropriate welfare officer, either at the club or association or to British Orienteering direct. If a young person is concerned with anything they have seen on the internet they are advised to speak to their welfare officer.

Whether you're a child, young person, parent or carer, familiarise yourself with our top tips for young people to stay safe online:

1. Stop & think before you post messages online. Cyber-bullying includes sending hurtful messages, name calling, making threats, using abusive language or targeting someone because they are different.
2. Never give out your personal details online (eg. phone number; address; bank details; your real name on sites where you are only known by a different username).
3. Remember - if you haven't met someone in person, they are a stranger; never arrange to meet people you don't know.
4. Don't go into adult chat rooms; how can you be sure who you are talking to?
5. If you see something on a website that upsets you, turn off the screen and tell an adult you trust; you can also call **ChildLine** on 0800 1111
6. Only use a webcam if you have told an adult you trust first
7. Don't engage in sexual talk online; you have no way of knowing who you are really talking to
8. Never post intimate photos or videos of yourself online; have you considered where it could end up?
9. If you think you are being cyber-bullied or blackmailed, tell an adult you trust or contact **ChildLine** on 0800 1111

Year	Family	Seniors	Juniors	Units	Total		
2013	38	53	12	103	170		
2014	38	61	16	115	183		
2015	37	56	17	110	174		
2016	38	60	12	110	180		
2017	33	61	7	101	159	as at	30/04/17

Lapsed members:

Alcock (Charlie)	Edwards (Andrew)	Andersen (Hilde Katrine)
Alcock (Fraser)	Edwards (Amanda)	Skinner (Astri)
Van Aardt (Daniel John)	Edwards (Sian)	Skinner (Freia)
Van Aardt (Rebecca Leanne)	Gould (Suzanne)	Sutherland (Jamie)
Alkemade (Luke)	Griffiths (Isabel)	Sutherland (Samuel)
Allery (Dave)	Porter (Sue)	Tory (Harry)
Allery (Sophie)	Rawlinson (Mark)	White (Holly)
Allery (Thomas)	Rawlinson (Gabriel)	
Allery (Zoe)	Reid (Jason)	
Bradbury (Simon)	Reid (Jacob)	
Coates (Matthew)	Reid (Maximilian)	
Concannon (Adam)	Reid (Zoe)	
Conway (Pat)	Remmer (Bill)	
Sparkes (Ian)	Shannon (Ben)	
Cox (Matthew)	Skinner (Greg)	

New members:

Esther Revell	Jan	
Sarah, Sophie, Harry Sanganee	Jan	
Maureen Webb	Mar	(partner of Kevin Gallagher)
Clive & Jennifer Kent	Apr	