

Leicestershire Orienteering Club

Sunday 2nd June 2024

IBSTOCK URBAN – EAST MIDLANDS URBAN LEAGUE EVENT



FINAL DETAILS v.5 – 29/05/2024

Car Parking

Car parking will be at Ibstock United Junior and Youth Football Club, Ashby Road, Ibstock, Leicestershire, LE67 6HB. The car park will be marshalled, please follow the marshal's instructions.

There are spaces for about 90 cars, so please car share where possible.

Enquiries, Toilets and Download

Enquiries, toilets and Download will be inside the David Wilson Clubhouse. Please remove shoes before entering the Clubhouse.

Coffee and tea will be available to buy inside the David Wilson Clubhouse. Please support the Football Club.

Times

Enquiries 10:00 – 12:00

Start times 10:30 – 12:30

Courses close at 14:30

Entries and fees

Pre entry only via The StartKite: Senior £8.00 (non BOF member £10, juniors, full time students and unwaged £3). Late entries will be accepted until 11:00 on the day of the event but from Monday 27th May this is subject to availability of printed maps.

Electronic Punching

All courses will use SPORTident. Both SI contactless and contact punching is possible. Hire charge for SI cards £1 per person.

Map

1:4000 for courses 1 – 7 with 2.5m contours. All maps will be printed on waterproof paper with course details and control description on the front of the map. **Anyone wishing to run course 6 or course 7 must start between 10:30 and 11:00.**

Courses

<i>EMOA Urban League Class / Course</i>	<i>Length</i>	<i>Climb</i>	<i>Controls</i>
1 – MO (M18+, M21+)	9.1km	90m	33
2 – MV (M40+), WO (W18+, W21+)	7.3km	70m	26
3 – MSV (M55+), WV (W40+)	5.3km	60m	19
4 – MUV (M65+), WSV (W55+)	4.4km	40m	16
5 – MHV (M75+), WUV (W65+), WHV (W75+)	3.4km	35m	15
6 – MJ (M16-), WJ (W16-)	3.5km	20m	15
7 – MJ (12-), WJ (12-)	2.1km	15m	14

Start

The starts are adjacent to Assembly. There are 2 starts, the start for courses 1 to 5 is on the same side of the road as Assembly. Courses 6 and 7 start on the opposite side of the road and a marshall will supervise juniors crossing the road.

Map

Courses 1 - 3 1:4000 printed on A3 sized waterproof paper, courses 4 – 7 1:4000 printed on A4 sized waterproof paper. Note that any area shown on the map as purple, olive green or dark blue is NOT to be entered. Purple hatching shows out of bounds areas. Thick black lines MUST NOT BE CROSSED.

Control descriptions and Controls

Loose control descriptions will be available at the Start. This is an SI and SI air electronic punching event. If using SI air the Start and Finish controls must be punched.

Finish

The finish for all courses is approximately 240m from Assembly and will be manned. When walking back to Assembly, please DO NOT cross the road until you are parallel with the Start.

Download

Download will be situated in the David Wilson Clubhouse at the Football Club.

ALL competitors must download after their run even if they do not complete the course.

Safety

Competitors must be aware of and considerate towards members of the public. Please take care when turning blind corners, particularly around buildings, in narrow alleys and going up and coming down steps. Please slow down and run wide on corners. If it's wet, some of the surfaces can be slippery. The terrain will be a mixture of tarmac and some grassy open areas. Competitors take part at their own risk and are responsible for their safety.

Clothing and footwear

Shorts are permitted, and competitors should wear clothing appropriate to the weather conditions on the day. Suitable footwear should be worn. It's recommended you carry a whistle. In the event of extreme weather you may be required to carry a waterproof and windproof hooded jacket. Most courses have route options which include open park land and wooded areas. At this time of the year choosing the most appropriate footwear for the occasion will be important.

Dogs

Dogs are not allowed in the Football Club grounds or David Wilson Clubhouse.

Personal Data

The personal data you give will be used by the event organiser for the purposes of processing and publishing the event results, for conducting safety checks and to validate BOF insurance cover.

Photography

Photography is permitted, however please be reminded that participants must:

- be respectful of others' privacy when taking photographs,
- not take inappropriate or intrusive photographs,
- bear in mind British Orienteering's guidelines on photography,

- contact the organiser if they have concerns regarding inappropriate or intrusive photography (in terms of the way, by whom, or where photography is being undertaken) and
- be aware that photographs may be taken at the event, and some may be posted onto public websites. Parents, guardians or carers who have a reason to be sensitive about the children they are responsible for should bear this in mind in their decision to attend the event.

Officials

Organiser: Jane Dring-Morris janedringmorris@gmail.com

Planner: Peter Hornsby

Controller: Bob Haskins