Leicestershire Orienteering Club



Orienteering in Leicestershire, Rutland and Northamptonshire

EMOA Regional Event Hanging Hill, Boothorpe & Pick Triangle 19th January 2025

(updated 13 Jan 2025)

If there are severe weather conditions, the event will be cancelled. Please check the website.

Terrain: Open land and Woodland, including streams, ponds and fences with

barbed wire. Pease take care around these features. This is a public area

so competitors should expect to encounter dog walkers and horse

riders. Given the recent weather conditions competitors on Short Green

and above will encounter some wet areas.

Car Parking: Conkers Discovery Centre, Rawdon Road, Moira, Ashby de la Zouch, (off

the B586). As it is a public Car Park, take care crossing it at all times.

Grid Ref: SK 309161 Postcode: DE12 6GA

Timing: The event will use Sportident (Si) electronic punching. SIAC punching is

enabled

Registration: Pre-entry via **Start Kite**

Last entry date to guarantee a map is Tuesday 14th January 2025.

Entries close at 13:59 on Friday 17th January subject to map availability

Start Times: 10.30 to 12.30.

There will be a **mandatory** road crossing on the route to the Start

and back from Finish.

The Start is approximately 700m from the car park

Fees: Seniors £8, Senior Non-BOF Members £10,

Juniors, Full-time students,

Unwaged & Seniors on White to Orange courses £4.

Toilets, Download & Café: In Conkers Centre, please remove muddy shoes before

entering the building. It would be good if you could support the support

the Café.

Dogs: Only allowed on a lead (Otherwise we will lose use of the area)







Courses:

Course	Length	Controls	Climb
Brown	8.2Km	22	85m
Blue	5.6Km	15	70m
Green	4.4Km	12	50m
Short Green	3.1Km	9	55m
Very Short Green	2.6Km	8	40m
Light Green	3.1Km	12	45m
Orange	2.3Km	9	40m
Yellow	2,1Km	11	30m
White	1.7Km	10	30m

Courses close: 14:00 after which controls will be collected.

You must still report to download even if you don't complete the course or miss the cut-off time to avoid a search being started.

Safety:

Any competitors who have a pre-existing medical condition are advised to leave details at registration. Whistles are advised. It may be necessary to carry/wear a hooded waterproof on the course if the weather is poor, signs will be placed in the car park at the start of the walk to the starts. Competitors must wear clothing that fully covers the torso and legs. A risk assessment has been carried out by the organiser and all reasonable care has been taken by the Organiser and Planner to ensure the safety and well-being of competitors. However, competitors are responsible for their own safety during the event.

Photography: You are welcome to take photographs or record videos at this event.

But please respect people's privacy and avoid taking photos close to first aid and where runners are changing. All photographs to be taken in accordance with the British Orienteering O-safe policy. If there are reasons why an individual should not be photographed, please discuss the issue with the organiser in advance of the event. Report any

concerns about inappropriate photography to the event organiser.

Organiser(s): Kevin Gallagher (LEI) T: 07745891876

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Maureen Webb (LEI) T: 07946088102 E: maureen808512@gmail.com

Planners: Chris Phillips & Ursula Williamson (LEI)

Controller: Steve Edgar (LEI)





